



INVITATION FOR FIRST
TIME MUMS AND DADS

If you have a baby under 8 months old, and this is your first child, we invite you to come along to our post-natal group taking place

EVERY Thursday 12.15pm - 1.30pm
@ RLK Children's Centre, Westcott Street

Supported by a Nursery Nurse from the Health Visiting Team, who is available for any questions you may have. Regular sessions offer advice on a range of relevant topics led by various guests and services - see below for topics coming up.

Come along and meet other first time mums and dads, every week gives parents time to talk to each other, share experiences and learn new skills, while babies can enjoy the colourful crèche surroundings.



Babies at RLK
Children's Centre
2011

Information session topics:

NB. The group continues to run EVERY week

Thurs 8th Sept
Thurs 22nd Sept
Thurs 13th Oct
Thurs 3rd Nov
Thurs 24th Nov

Dental Health with Sue Maule (lots of freebies!)
Real Nappies with Vanessa Emanuel
Minor Ailments with Micki Wardell
Car/Road Safety with Pam Jones
Speech and Language with Lois Young

Thurs 5th Jan 2012
Thurs 26th Jan
Thurs 16th Feb (half term)
Thurs 8th March
Thurs 29th March

Sing and Sign with Tracey Richards
Dental Health with Sue Maule (lots of freebies!)
Bookstart Stories with Swindon Libraries
Real Nappies with Vanessa Emanuel
Resuscitation with Jane Whitworth

