

Barnardo's Robert Le Kyng (RLK) Sure Start Children's Centre

Managed by Barnardo's on behalf of Swindon Borough Council, located adjacent to Robert Le Kyng Primary School in Westcott Street

Barnardo's RLK Children's Centre offer a warm welcome, access to groups, information and support if you need it. We are open and accessible to all families with under 5's. Children enjoy learning as they play at our fun filled groups and on outings!

We encourage all parents, carers, guardians, grandparents, childminders, foster parents and nannies, in fact anyone who looks after children of 0-5 years to use the centres services. We are committed to reaching out to families from all backgrounds, giving opportunities to access high quality services in non-judgemental, inclusive and supportive environments.

We have a comprehensive programme for Sept - Dec 2011, including October half term activities, please contact the centre direct or go to our website www.barnardos.org.uk/rlkchildrenscentre for more information and a copy of the programme. All groups have access to RLK Children's Centre high quality facilities including an outdoor play area, and indoor crèche space with toys, games, crafts and books. Come along and see what we can offer you - services are free unless otherwise stated.

Just some of the opportunities coming up.....

FREE Safeguarding workshop for parents and carers

Saturday 8th October 2011, 10am - 2pm.

Please bring your own lunch. Crèche is not provided. Call RLK Children's Centre to book.

Parenting with Confidence workshop

Thursdays 8th September - 13th October 2011 (5-weeks), 10:15am - 11:45am

FREE Crèche is provided. Call RLK Children's Centre to book.

Post-natal support group for first time mums and dads

Every Thursday 12:15pm - 1:30pm

All first time mums and dads with babies under 8 months are welcome. Supported by a Nursery Nurse from the Health Visiting team who is available for any questions you may have. Meet other first time mums and dads, every week gives parents time to talk to each other, share experiences and learn new skills, while babies can enjoy the colourful crèche surroundings. Some sessions offer advice on a range of relevant topics led by various guests and services, forthcoming topics/dates are:

Thurs 8th Sept Dental Health with Sue Maule (lots of freebies!)

Thurs 22nd Sept Real Nappies with Vanessa Emanuel

Thurs 13th Oct Minor Ailments with Micki Wardell

Thurs 3rd Nov Car/Road safety with Pam Jones

Stay and Play - for children with additional needs

First and Third Monday of every month, 2:15pm - 3:15pm

Join in, meet new friends and have some fun at our fully accessible centre. Share and learn new skills, along with the opportunity to gain support, help and information. Supported by Tina Gardner from Portage. Please call to inform us of your child/ren's needs.

Dads and Male Carers Group

Saturday 17th September, Saturday 15th October, Saturday 10th December 2011, 10am - 12pm

A chance for dads and male carers to spend time with their children, with access to RLK Children's Centre. Enjoy a bacon sarnie (or an alternative) and cuppa! Our staff are available for any questions you may have. This group also welcomes male extended family members.

Dads and Male Carers Group TRIP!

Saturday 19th November 2011, 10am - 12pm

Forest trip led by Wild Inspired. Small charge applies. Please call RLK Children's Centre for more information and to book.

We also run Young Parents group, Childminders group, Breastmates, Bumps to Walkers group (0-12 months), PEEP group (12-24 months), 'What's for Tea' cooking group, Baby Boppers, Stay and Plays, Toddler Gym, Ante-natal sessions, Baby Massage, Rhyme Time and 'Let us surprise you'!!....

For more information about RLK Children's Centre please contact us:

Telephone: 01793 525830

Email: barnardosinswindon@barnardos.org.uk

Website: www.barnardos.org.uk/rlkchildrenscentre

RLK Children's Centre, Westcott Street, Swindon, Wiltshire, SN1 5HS.

Open Monday - Friday 9am - 4.30pm.